

**ASA SOUTH WEST REGION QUALIFYING TIMES  
“WCASA SENIOR & JUNIOR CHAMPIONSHIPS 2008”**

November 28<sup>th</sup> – 30<sup>th</sup>.

Entry times must have been achieved in a licensed meets at level 1, 2 or 3 since January 1<sup>st</sup> 2007.

		Male		Female	
	Consideration				Consideration
LC	27.43	26.18	50m Freestyle	28.86	30.23
LC	59.00	57.80	100m Freestyle	1.03.33	1.05.95
LC	2.12.81	2.06.77	200m Freestyle	2.17.57	2.24.12
LC	4.41.19	4.28.41	400m Freestyle	4.48.07	5.01.79
LC	<u>9.30.0</u>	9.13.57	800m Freestyle	9.48.53	10.16.56
LC	17.59.32	17.43.67	1500m Freestyle	18.50.69	<u>19.30.0</u>
LC	31.51	30.08	50m Backstroke	33.42	<u>34.98</u>
LC	1.07.60	1.04.53	100m Backstroke	1.10.70	1.14.07
LC	2.26.28	2.19.63	200m Backstroke	2.30.58	2.37.75
LC	34.48	32.91	50m Breaststroke	36.42	37.10
LC	1.15.41	1.11.98	100m Breaststroke	1.18.60	1.22.34
LC	2.43.27	2.36.16	200m Breaststroke	2.54.70	3.07.30
LC	29.51	28.17	50m Butterfly	30.76	32.23
LC	1.04.84	1.01.89	100m Butterfly	1.07.60	1.10.82
LC	2.24.34	2.17.78	200m Butterfly	2.28.48	2.35.55
LC	2.28.86	2.22.09	200m Ind. Medley	2.34.15	2.41.49
LC	5.16.14	5.01.77	400m Ind. Medley	5.23.99	5.38.87

Note these times are LONG COURSE and time must be entered long course converted if necessary.