

ASA SOUTH WEST REGION QUALIFYING TIMES

“WCASA BAGCAT CHAMPIONSHIPS JUNE 2009”

Entry times must have been achieved in a licensed meets at level 1, 2 or 3 since October 1st 2008.

BOYS

GIRLS

	10 YEARS	11 YEARS	12 YEARS	13 YEARS	14 YEARS	EVENT	10 YEARS	11 YEARS	12 YEARS	13 YEARS
SC	Need 200m QT	Need 200m QT	1.07.9	1.03.6	<u>59.20</u>	100M Freestyle	Need 200m QT	1.10.4	1.07.5	1.04.9
SC	2.46.5	2.29.2	2.24.5	2.18.2	2.10.0	200m Freestyle	2.50.0	2.34.02	2.25.2	2.20.48
SC	5.51.0	5.14.7	5.01.8	4.51.8	4.43.8	400m Freestyle	5.51.0	5.22.0	5.04.9	4.53.77
SC		10.30.0%	10.15.0%	9.40.0%	9.40.0%	800m Freestyle	** 10.50.0	10.50.0	10.20.0	9.50.0
SC		** 19.25.0	19.25.0	18.33.6	18.01.0	1500m Freestyle		20.50.0%	20.30.0%	19.30.0%
SC	Need 200m QT	Need 200m QT	1.18.3	1.13.9	1.10.6	100m Backstroke	Need 200m QT	1.23.0	1.19.3	1.16.3
SC	3.08.0	2.52.45	2.47.7	2.38.7	2.33.3	200m Backstroke	3.08.0	2.54.9	2.44.6	2.40.1
SC	Need 200m QT	Need 200m QT	1.27.6	1.22.4	1.19.3	100m Breaststroke	Need 200m QT	1.33.4	1.28.7	1.25.8
SC	3.37.6	3.23.5	3.10.0	2.59.7	2.52.1	200m Breaststroke	3.37.6	3.21.5	3.05.0	3.00.1
SC	Need 200m QT	Need 200m QT	1.16.5	1.12.0	1.08.7	100m Butterfly	Need 200m QT	1.21.5	1.17.8	1.15.0
SC	3.28.5	3.01.7	2.49.1	2.39.3	2.32.2	200m Butterfly	3.28.5	3.01.7	2.47.0	2.45.0
SC	3.08.0	2.59.5	2.46.0	2.37.8	2.30.6	200m Ind. Medley	3.08.0	2.54.4	2.46.7	2.41.8
SC	6.40.0	6.05.7	5.44.1	5.40.8	5.29.1	400m Ind. Medley	6.40.0	6.19.0	6.01.3	5.51.1

All entries must be made on short course times. % these times do not attract BAGCAT point. New time in italics.

** These times are only for swimmers whose birthday occurs between the 15th June and 2nd August and are unable to achieve a National Qualifying time due to change of Age Group between Regional Age Groups and National Championships, and will not attract BAGCAT points.

Entry times for 50m, 100m, 200m and 400m events must have been achieved at a Level 1, 2 or 3 licensed competitions. 800m and 1500m times may have been achieved in competition or Time Trials.