

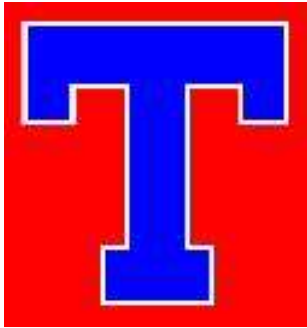
4th Tiverton Sparkler Level 3 Open Meet – 6 November 2010

Exe Valley Leisure Centre

All times are 25m pool times – Ages at 6 November 2010

BOYS								
		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs +
No slower than	50m Free	57.5	50.0	45.0	42.0	40.0	38.0	37.0
No faster than	50m Free	37.7	34.7	32.9	30.9	29.1	27.9	25.3
No slower than	100m Free				1:29.0	1:25.0	1:20.0	1:15.0
No faster than	100m Free				1:02.7	59.1	57.0	55.5
No slower than	200m Free	4:38.0	3:59.5	3:29.0	3:05.0	2:55.0	2:45.0	2:42.0
No faster than	200m Free	2:49.2	2:32.6	2:24.0	2:15.7	2:09.1	2:03.7	2:00.6
No slower than	50m Breast	1:14.0	1:05.0	58.0				
No faster than	50m Breast	49.4	45.4	42.5				
No slower than	100m Breast				1:50.0	1:45.0	1:38.0	1:36.0
No faster than	100m Breast				1:20.3	1:15.1	1:12.1	1:10.5
No slower than	200m Breast	5:49.0	5:04.0	4:25.0	4:00.0	3:50.0	3:40.0	3:30.0
No faster than	200m Breast	3:37.9	3:18.6	3:05.4	2:53.5	2:43.1	2:35.5	2:31.1
No slower than	50m Fly	1:04.2	55.8	48.8				
No faster than	50m fly	42.8	38.9	36.6				
No slower than	100 Fly				1:38.0	1:32.0	1:28.0	1:25.0
No faster than	100m fly				1:10.6	1:06.3	1:03.1	1:00.9
No slower than	200m Fly	5:37.5	4:39.0	3:58.5	3:35.00	3:10.0	3:00.0	2:58.0
No faster than	200m fly	3:34.8	3:03.2	2:45.3	2:35.8	2:26.3	2:19.6	2:13.9
No slower than	50m Back	1:05.5	57.5	50.5				
No faster than	50m Back	43.6	40.2	37.8				
No slower than	100m Back				1:37.0	1:33.0	1:29.0	1:27.0
No faster than	100m Back				1:10.9	1:06.8	1:03.7	1:02.5
No slower than	200m Back	5:07.0	4:27.0	3:51.0	3:24.0	3:12.0	3:05.0	3:00.0
No faster than	200m Back	3:08.5	2:51.9	2:40.3	2:31.2	2:23.0	2:18.0	2:14.5
No slower than	200 IM	5:13.5	4:31.5	3:55.5	3:40.0	3:22.0	3:15.0	3:07.0
No faster than	200m IM	3:12.6	2:55.3	2:43.5	2:34.3	2:26.5	2:19.8	2:16.5

GIRLS								
		9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15yrs
No slower than	50m Free	54.0	47.0	44.0	42.0	40.0	38.0	36.0
No faster than	50m Free	37.8	35.0	33.0	31.5	30.4	28.3	28.3
No slower than	100m Free			1:38.0	1:32.0	1:28.0	1:22.0	1:16.0
No faster than	100m Free			1:07.0	1:03.6	1:02.0	1:00.9	1:00.0
No slower than	200m Free	4:19.0	3:37.0	3:28.0	3:15.0	3:10.0	3:00.0	2:50.0
No faster than	200m Free	2:49.9	2:33.2	2:24.3	2:16.9	2:12.8	2:10.9	2:08.9
No slower than	50m Breast	1:09.5	59.5					
No faster than	50m Breast	49.8	45.5					
No slower than	100m Breast			1:56.0	1:52.0	1:48.0	1:45.0	1:40.5
No faster than	100m Breast			1:25.9	1:21.1	1:18.0	1:16.8	1:16.3
No slower than	200m Breast	5:26.5	4:36.5	4:15.0	4:05.0	3:55.0	3:45.0	3:35.0
No faster than	200m Breast	3:37.0	3:18.0	3:04.0	2:53.9	2:47.0	2:43.3	2:42.0
No slower than	50m Fly	1:00.0	55.5					
No faster than	50m Fly	42.9	38.6					
No slower than	100m Fly			1:50.0	1:45.0	1:38.0	1:33.0	1:30.0
No faster than	100m Fly			1:15.4	1:10.9	1:08.7	1:06.9	1:06.3
No slower than	200m Fly	5:13.0	4:14.0	4:00.0	3:55.0	3:45.0	3:40.0	3:30.0
No faster than	200m Fly	3:36.1	3:03.6	2:46.6	2:36.1	2:30.4	2:26.1	2:23.8
No slower than	50m Back	1:01.5	54.0					
No faster than	50m Back	43.7	39.7					
No slower than	100m Back			1:48.5	1:38.5	1:34.5	1:32.0	1:29.0
No faster than	100m Back			1:15.3	1:11.0	1:10.5	1:09.5	1:08.5
No slower than	200m Back	4:45.0	4:00.5	3:40.0	3:30.0	3:20.0	3:12.0	3:10.0
No faster than	200m Back	3:08.8	2:52.1	2:38.9	2:31.5	2:29.0	2:26.5	2:25.0
No slower than	200m IM	4:51.0	4:10.0	3:40.5	3:35.0	3:25.0	3:18.0	3:12.0
No faster than	200m IM	3:12.7	2:54.8	2:42.7	2:32.6	2:30.5	2:27.4	2:26.5



Tiverton Swimming Club

(Affiliated to DCSA & ASASWR)

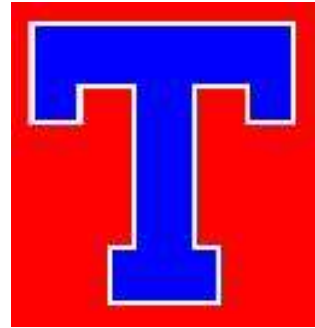
4th Tiverton Sparkler Licensed Level 3 Open Meet

3SW0726

Under ASA Laws & technical rules of racing

6th November 2010

To be held at The Exe Valley Leisure Centre
Tiverton, Devon EX16 6SG



ENTRY FORM

one form per swimmer please or HyTek file entry preferred if more than 5 swimmers

Please write really clearly:

(ASA) Surname: (ASA) First Name.....

Male / female (circle one) Name of Club:

Date of Birth... / / Age in years on 6th November 2010:yrs

ASA registration number:

Email address and/or telephone number of swimmer/parent, in case of queries:

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Boys 9,10 & 11yrs Girls 9 & 10 years	Entry time
50m butterfly	
50m backstroke	
50m breaststroke	

Boys 12, 13, 14, 15 & over years Girls 11, 12, 13, 14, 15 & over years	Entry time
100m butterfly	
100m backstroke	
100m breaststroke	
100m freestyle	

Boys and Girls 9, 10, 11, 12, 13, 14, 15 & over years	Entry time
50m freestyle	
200m butterfly	
200m backstroke	
200m breaststroke	
200m freestyle	
200m Individual Medley	

TIME TRIALS for: 10 yr old girls who will be 11yrs & 11yr old boys who will be 12yrs on 31 March 2009	Entry time, if known
100m butterfly	
100m backstroke	
100m breaststroke	
100m freestyle	

I declare that I am an eligible competitor and that I accept the promoter's conditions:

Signature of competitor No. of events @ £5.00 per event: = £

I can ratify these entry times and that the competitor is capable of diving as per the competitive start award:

Print name of coach/official, then sign please.....