



# Newton Abbot Swimming Club

## Parents Code of Conduct

### Code of Conduct – Parents/Guardians/Carers

#### Parents are expected to:

1. Complete and return the membership, health and consent form on joining and annually thereafter, detailing any health concerns relevant to the child on the form. Report any problems with your child's health or fitness to their teacher/coach prior to swimming sessions. Ensure the club is informed of any changes to contact details for you and any alternative person.
2. Pay membership subscriptions, monthly swimming fees, competition entry fees and any other monies due to the club promptly. Inform the treasurer if the number of sessions your child attends changes and make arrangements to increase your monthly standing order payment when appropriate.
3. Deliver and collect children punctually to and from teaching/coaching sessions, swim meets and other club activities. Please inform a member of the committee or coaching staff if you have any problems. If the club changes your child's lane or session please remember the change is made to provide appropriate levels of teaching/training to enable your child to progress and should be facilitated and encouraged at all time.
4. Ensure your child wears suitable swimwear, costume or fitted trunks (no baggy shorts) and that swimmers attending squad training sessions bring their own kickboard, pull-buoy, hand paddles and drink.
5. Inform the coach/teacher/team manager beforehand if your child is to be collected early from a coaching session or competition or if they will be collected by someone other than their parent.
6. Behave responsibly as a spectator at training sessions and competitions, treating swimmers, coaches, committee members, official and parents of both your own and other clubs with respect complying with the ASA commitment to equality, diversity and inclusion.
7. Ensure that inappropriate language is not used within the club environment.
8. Respect your child's teachers and coaches. Communicate openly with them raising any concerns you have in an appropriate manner. If you disagree with their approach, discuss it with them by making an appointment at a suitable time.
9. Do not enter poolside unless requested to do so or in an emergency. If you wish to have a discussion with your child's teacher or coach this can be arranged through the Learn to Swim administrator or the membership secretary at a suitable time usually at the end of the session.
10. Support the club staff and committee. Details of the committee-members, teachers, coaches and other supporting staff can be found on the club website or on our notice board on the lower spectator balcony at Newton Abbot Leisure Centre.



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11. Share in the work of running the club by volunteering some time on poolside or in admin, even ½ hour a week helps spread the load.
12. Encourage your children to obey rules and abide by the swimmers Code of Conduct. Teach them that they can only do their best.
13. Ensure your child's nutrition needs are met and listen to advice given from the club coach or nutritionist.
14. Be realistic about your children's physical ability. Help them set realistic goals and support them in their aims and ambitions. Emphasize improved performance, rather than winning. Positively reinforce improved skills showing appreciation of their progress.
15. Make sure your children know that - win or lose - you love them and are not disappointed with their performance.
16. Don't relive your own athletic past through your child. Be a positive role model. Enjoy sports yourself. Set your own goals. Live a healthy lifestyle.
17. Be a cheerleader for your child and the other team members while controlling your own emotions at games and events. Don't yell at other players, coaches, or officials.
18. Most of all help your child enjoy the sport and achieve to the best of their ability.

### **Newton Abbot Swimming club will undertake to:**

- a. Inform you at once if your child is injured or unwell and ensure their wellbeing until you are able to collect him/her.
- b. Ensure good child protection guidelines are followed at all times to keep your child safe.
- c. Ensure all activities are properly supervised/taught/coached and consent is obtained for any activity outside of that previously agreed.

### **Parents have a right to:**

- a. Make a complaint to the club if they feel the club or a member of the club is not acting appropriately and according to ASA and Club laws and rules.
- b. Make a complaint on behalf of their child to the ASA.

Any complaint should initially be made to the Secretary or Welfare Officer (Child Protection) as appropriate. Details on notice board and website.

[www.newtonabbotswimmingclub.co.uk](http://www.newtonabbotswimmingclub.co.uk)



# Newton Abbot Swimming Club

## Equality and Diversity at the ASA

Swimming is a 'sport for all'. It can and should be enjoyed and made accessible to everyone and to achieve this:

- a. The ASA is committed to work towards ensuring that swimming is accessible to the many rather than the few
- b. The ASA recognises the need to acknowledge the diversity of provision that is required to ensure that all people, regardless of their race, sex/gender, disability, age, sexual orientation, social or economic background can access swimming and develop at a level appropriate to them
- c. The ASA recognises the need to celebrate difference and diversity of provision as a means of creating entitlement and accessibility to our structures
- d. The ASA recognises that equal opportunity is about recognising that people are different and therefore require different provision