

WELLS & SHEPTON MALLET, FROME and STREET
Swimming Clubs present

Avalon Spring Open Meet

L3 Long Course Open Meet

under ASA Laws & ASA Technical Rules

on

Saturday 10th April 2010

Sunday 11th April 2010

at

Millfield Pool, Street

50 metre 8 lane pool

Electronic timing

400+ seating

Girls & Boys (Age as at 11th April 2010)

50m 8 Lane pool, Electronic Timing

Licensed for Level 3 entry to District Competition

- 200m - 10yr, 11yr, 12yr, 13yr, 14/15yr 16/over Backstroke, Butterfly, Breaststroke
- 9/10yr, 11yr, 12yr, 13yr, 14/15yr, 16/over Freestyle & I.M.
- 100m - 10yr, 11yr, 12yr, 13yr, 14/15yrs, 16/over all strokes
- 50m - 9yr, 10yr, 11yr, 12yr, 13yr, 14/15yr, 16/over all strokes
- All Races HDW
- Medals 1st 2nd 3rd 4th 5th 6th

Closing Date for entries Sunday 28th February, 2010
